

Dr. Kilgore-Nolan's Full Professional Biography

Dr. Marquita Kilgore-Nolan, MD is a physician-scientist, social entrepreneur, life strategist, freelance author, and public speaker who specializes in self-mastery and systems to optimize health, business, and life. Dr. Kilgore-Nolan (DKN) founded [DKN Collective](#), the mission-centered personal brand company that she is scaling into a social enterprise empire. The DKN Mission aims: (1) to improve the quality of health and life for women, families, and minoritized communities, (2) to promote diversity, equity, and inclusion in health care and entrepreneurship, and (3) to develop opportunities and scale enterprises that uplift, employ, and empower others.

Dr. Kilgore-Nolan's core professional values are Integrity, Intelligence, and Innovation ("Third I Vision™"), and she has consistently demonstrated such values through numerous prestigious academic and professional accomplishments. After graduating summa cum laude as a first-generation college graduate from Emory University with a Bachelor of Science in Anthropology and Human Biology, she completed a Doctor of Medicine (MD) and Certificate in Global Medicine at Yale School of Medicine, where she received all clinical Honors, was a Joseph Collins Foundation Scholar, completed a National Institutes of Health's Physician Researcher Initiative Fellowship and the Fellowships at Auschwitz for Professional Ethics, and served as Yale Chapter President of Student National Medical Association. She also completed the Harvard Social Enterprise Fellowship and is a Master of Business Administration (MBA) candidate at Harvard Business School with anticipated graduation in May 2025.

As a physician-scientist, Dr. Kilgore-Nolan's research primarily focuses on evaluating systems of healthcare for quality, value, equity and innovation, especially relating to women's health. She aspires to become an Obstetrician and Gynecologist who partners with her patients across their lifetime to produce sustainably healthy habits and investigates women's health quality, equity, and policy across the world's health systems. She completed two years of residency in Obstetrics and Gynecology at Duke University Medical Center prior to taking her current sabbatical away from clinical training to prioritize her health and family as a cancer survivor and new mother. During her clinical sabbatical, she is simultaneously engaged in maternal health equity research and focused on her development as a physician leader for healthcare administration. Throughout her medical journey, Dr. Kilgore-Nolan has remained

committed to educating and mentoring medical students and trainees, especially establishing a strong pipeline of underrepresented physicians to provide care for underserved communities.

Through DKN Collective, Dr. Kilgore-Nolan deploys her skills as not only an entrepreneur, but also a business consultant, life coach, brand partner, freelance author, and public speaker. As a social entrepreneur, Dr. Kilgore-Nolan aims to build organizations that improve health care, education, and other key aspects of life. She has served as a business strategy consultant for early-stage ventures and other small businesses across a range of industries, including but not limited to education, healthcare, real estate, technology and travel. Inspired by overcoming her own life's adversity and helping her patients to work through their life challenges, Dr. Kilgore-Nolan founded [The HAPPIest MD™](#), a lifestyle brand, blog, and community focused on empowering women to live their HAPPIest lives - full of health, authenticity, passion, purpose, and innovation. Through The HAPPIest MD, she designed and now leads [The HAPPIest Life Coaching™](#) program. She takes a holistic, purpose-driven, evidence-based, and solutions-oriented approach to life strategy. She also takes a one-of-a-kind approach to [brand partnerships](#) by emphasizing authentic alignment with The DKN Mission™ and the partnership's potential for positively impacting people's lives. As a freelance author and public speaker, Dr. Kilgore-Nolan's [writing topics](#) and [speaking engagements](#) relate to her uniquely synergistic experiences in healthcare, entrepreneurship, and life strategy.

Personally, Dr. Kilgore-Nolan is committed to faith-based living, lifelong learning, and holistic wealth-building. She enjoys writing, exploring luxury real estate, listening to 80's and 90's R & B, "dancing to a good beat," reading nonfiction, listening to spoken word, watching YouTube (especially good choreography and podcast interviews), and most importantly, spending quality time with God, her husband and son, and their incredible tribe of relatives and friends. She was born and raised in the metro-Atlanta area, hailing from her hometown of Loganville, Georgia. Inspired by her college major in and love for anthropology, she aspires to learn as much as she can about different people, languages, and cultures then travel the world to eat their foods, dance their dances, and learn more about their way of life.

As Dr. Kilgore-Nolan's own authentic success story continues to be written, she strongly believes that humble beginnings should never preclude extraordinary futures. She credits her commitment to both lifelong learning and the pursuit of HAPPIness to divine inspiration through many mentors, supporters, and life lessons. She aims to similarly inspire, teach or learn from,

and connect with others, especially as it relates to collaborating on efforts related to The DKN Mission.